



Base Bulletin

Vandenberg AFB, CA 93437-0759



25 April 2001

No. 17

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items (via email to <mailto:publishing.management.dci@vandenberg.af.mil> or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614) to arrive at DCI/SCSP by noon Friday, the week before you want your item to appear. Submit your items typed or printed on 30 SW Form 8, Official Bulletin Notice. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Limit official items to four lines, unofficial to 2-3 lines and personal items to one line. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I - ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961
Safety Hazard? Dial 5-SAFE (If off base, dial 605-SAFE)

SECTION II - OFFICIAL

1. 30th Communications Squadron:

a. Emission Security Announcement: If you have classified processors and have a need to switch classified and unclassified signal wire lines or share one monitor, keyboard, and mouse with a classified central processing unit (CPU) and an unclassified CPU, an A/B switch can be used. Contact MSgt M. Landon at extension 5-2352 for more information. (30CS/SCBI, 5-2352)

b. Rescinded Publications: A listing of rescinded and superseded Headquarters USAF publications are now available under the electronic publications/HQ USAF's link. Users may use this feature to research rescinded and superseded HQ USAF's publications. For further assistance, contact the ETS Service Desk on DSN 754-2438 (Commercial 202-404-2438). (30 CS/SCSP, 6-7892/4)

2. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: TSgt Dobbs, ext 6-0904 (30 TRANS/LGTTH)

b. Approval for On-Base Commercial Carrier Accounts and Pick Up Points: Attention all DoD organizations on Vandenberg AFB: Under the provisions of AFI 24-201, paragraph 2.1, the Traffic Management Office (TMO) must approve all on-base commercial carrier accounts and pick up points. To assist us in ensuring we are complying with AFI 24-201, we request all organizations with a commercial carrier (Federal Express, United Parcel, etc.) contact TMO. POC: MSgt Hawley, ext 6-3381 (30 TRANS/LGTTF)

3. Vandenberg Commissary: For our customer's convenience, effective 29 Apr 01, the Vandenberg Commissary will open at 1000 on Sundays. This will offer customers an additional two hours of shopping on Sundays. POC: Verona Johnes, 734-3354 x225. (DeCA)

OFFICIAL

STEPHEN L. LANNING
Colonel, USAF
Commander

SUSANNE BRIXLER-STaab
Chief, Publishing Management

SECTION III – UNOFFICIAL

Lompoc Civic Theatre: LCT presents it's latest production, "Shop 'Til You Drop... Dead!" by Craig Sodaro, at the Historic Belluz Victorian House, 1113 North A Street, Lompoc. The production is about the cast and crew of the hit TV game show, "Shop, Shop, and Bankroll," who come to town to tape a few shows. Can you guess what happens? Taping begins promptly at 1900, 27 Apr 01. The Dinner Theatre will be presented 25 May 01, 22 Jun 01, 27 Jul 01, and 24 Aug 01. A performance will be held on 23 Jun 01 at the Pacific Coast Club. Reservations are a must. Tickets are \$20 per person. For additional information, please call 735-ACT1. (NASA/KSC, 5-3380)

Community Support Center: Pre-Register for all Classes, Workshops and Seminars. (30MSS/DPF)

a. On and Off Base Job Opportunity Information: 25 Apr 01 1000-1030. Come to find out information on local job employment opportunities and sources. Find out who's hiring and who's not. Find out how to add your resume to the AF and local websites. To register call 5-8557.

b. WIC Office Comes To You: 26 Apr 01, 0800-1700. A satellite office of the Women, Infants, & Children (WIC) Program is at the Family Support Center the 4th Thursday of each month for Vandenberg personnel who meet program requirements. WIC is a nutrition education program, and provides supplemental food to promote good health for pregnant, breastfeeding, and postpartum women, infants and children up to age five. For more information contact Teresa Orozco at 6-4636, or call the Lompoc WIC office at 737-6470 for an appointment.

c. Individual Retirement Accounts: 27 Apr 01, 1300-1400. Today's IRA's offer greater flexibility and incentives for saving than ever before. Learn how to determine the best IRA choice for you and your family. To register call 6-4491.

d. Newcomer Spouse Orientation: 30 Apr 01, 745-1230 for a full morning of the Base Newcomer Orientation at the Pacific Coast Club or opt to arrive at 0950 to attend the Community Fair followed by the Spouse Group at 1100. Children are welcome to the Fair and Spouse Group – toys are provided. Meet other newcomers and learn about services and things to do on and off VAFB. Registration is not necessary, but call 6-0801 for more information.

e. Airmen's Attic Program: Donated house wares, furniture, baby items, small appliances, mattresses, and other necessary items to set up housekeeping are available to keep for military personnel E-5 and below, and all others if there is a need. An AF Form 552 obtained from your Unit First Sergeant is required to access the Attic. Call 6-5484 to arrange a pick up time. Donations are always welcome.

f. Car Care Because We Care: Available to eligible spouses of ADAF members deployed for more than 30 days or on a remote tour, and first term airmen. This program keeps the "primary" family vehicle of ADAF members in top running condition by preventive vehicle maintenance. Maintenance includes oil & filter check, lubrication, and vehicle safety checks on a grant basis. Call 5-8551 to learn more.

g. Dads to New Dads Program: As a new dad you may have questions or worries about your new role. Consider this mentorship program that provides you special support during this time in your life. Call Nancy Sias at 6-5338 for details.

h. Hearts Apart: This program provides bi-weekly morale calls for immediate family of military members who are deployed, TDY, or remote. Call TSgt Spencer at 6-0039 to set up an appointment.

i. Information and Referral: The I & R helps you determine your needs and refers you to the right resource. The I & R program is designed to give information on programs and services offered in the

Vandenberg Community; on and off base. Call your Information & Referral contact if there is a service, program, location, or phone number you are looking for. Receive information on such topics as: Adoption, ARC Teen Babysitter Lists, Citizenship/ Immigration, Elder care, Local Area Info, Speakers Bureau, Family Home Daycare Providers, Maps/Phone books, Santa Maria & Lompoc Preschool lists, Local Clubs/Assoc./Support Groups, and more! Dial 6-INFO (6-4636) and get the information you need.

j. Microfit Assessment: Have an accurate assessment of your physical condition performed. The assessment includes measurement, body weight, body fat, blood pressure, flexibility, cardiovascular conditioning, absolute strength, dynamic strength, and a health risk appraisal. Appointment is required, so call 6-2221.

k. Nursing Mom's Program: This program provides grants to rent electric breast pumps for ADAF families enrolled in Family Advocacy's New Parent's Program. The Family Advocacy Nurse Specialist determines the need. Call 5-8551 to learn more.

l. Racquetball Court: Available 0830-1530 Mon-Fri. Reservations are required. Call 6-2221.

m. The Food Pantry: The Food Pantry is a volunteer program that assists military personnel and their family members experiencing financial hardship by collecting and distributing donated food and other products. Families are provided with a certain amount of food to help them get through a payday-to-payday existence. In addition, Ms. Darlene Horne distributes USDA commodities to qualified families according to income. The following donations are always needed and appreciated: Cereal, Rice, Peanut Butter, Beans, Pasta, Soups, Baby Formula, Crackers, Cookies, Baby food, Canned Fruits/Vegetables, Basic Essentials. For more information call 6-2960 or 6-0039.

30th Services Squadron (30 SVS/SVK, 6-0276)

a. Pacific Coast Club (For details on any club functions please call 734-4375 or 734-4376).

Entertainment

- Every Friday **Members Only Social Hour.** 1700. Complimentary snacks.
- Every Friday **Club Card Drawing.** 1800. \$300 pot every Friday, must be present to win. If no one wins, we add \$25 to the pot each week until there is a winner. Current Club Card jackpot is at \$650. Drawing is every Friday between 1700-2000. Must be present to win.
- 27 Apr 01, 1900-2300. **Karaoke Night in the Hawk's Nest.**
- 28 Apr 01, 2100-0200. **DJ in the Hawk's Nest.**

Menu

- **Lunch Time Potato Bar:** The club now has a lunchtime potato bar available Mon-Fri. Baked Potato with unlimited toppings and a small salad just \$3.95.
- **Lunch Time Buffet:** Monday – Italian, Tuesday – Mexican, Wednesday – Santa Maria BBQ, Thursday – Chicken & Ribs, Friday – Seafood.
- Tuesday and Thursday **Dining** menu, 1800-2000.
 - 24 Apr 01. **Monterey Chicken**– \$9.95, **Blackened Salmon**– \$11.95, or **New York Steak**– \$13.95.
 - 26 Apr 01. 2 for 1 smoked **Pork Chop**– \$11.95.

Family Night

Starting in May, The Pacific Coast Club will have "Family Night" on Tuesdays. Children under 10 years eat for free from the children's menu when accompanied by an adult. Limit two children per one adult.

- **Foggio's:** Call and order ahead at 5-7800.
 - **April Special:** Sunday Only. Purchase a two-topping pizza and get a free family order of salad and bread sticks.

b. Fitness Center: (30SVS/SVMP, 6-3832)

- **Ongoing Classes:** The Fitness Center has classes in Karate, Aerobics, Yoga and more. Stop by the Fitness center for the current schedule. For more information, call 736-6213.
- **New Checkout Policy:** Starting 16 Apr 01, the Fitness Center requires a valid ID card (military, dependent, or DOD contract) for all equipment checkouts.

c. Family Aquatics Center: (30SVS/SVRO, 6-3581)

- **Pool Closure:** The Base Pool is closed for the renovation of the deck and pool liner. The re-opening date is tentatively set for 7 May 01. We apologize for any inconvenience.

d. Bowling Center: (30SVS/SVK, 6-3209)

- **Sunday Special in April:** Half price bowling for all eligible Youth bowlers, 1200-1900. Bowling is free for those who come with their parents.
 - **Post Prom Lock-In:** 28 Apr 01 – Cabrillo High School Post Prom Lock-In (2400-0500).
 - **Discount Special in April:** 10% off on bowling equipment purchased by any authorized Youth bowler.
 - **Thunder Alley/Rock 300:** Thursday, 1800-2100, Family Night. Friday, 2200-0100, Thunder Alley/Rock 300. Saturday, 2100-2400, Thunder Alley/Rock 300.
 - **Summer League:** Now through 30 Apr 01. Any Summer League bowler who recruits a new member gets to practice the entire summer FREE.
- e. **Services Center:** (30SVS/SVYR, 5-8974)
- **Natural Knead Massage Therapy:** Therapeutic massage is a valuable addition to health care and fitness routines as a natural way to promote healthy body functioning, and to enhance the body's restorative powers. Located in the Services Center. Call for appointments at 605-4748.
 - **Country Line Dancing:** Ongoing FREE dance lessons at the Service Center. Wednesday, 1830-2100.
 - **ITT Trips:**
 - 13-16 May 01. **Las Vegas Trip.** \$135 per person (room and transportation)
 - 2-3 Jun 01. **Las Vegas Turnaround.** \$40 per person (transportation)
 - 9 Jun 01. **Reagan Library and Museum.** \$35 per person (transportation)
 - 22 Jun 01. **Dodgers vs Padres.** \$35 per person (ticket and transportation)
 - 24 Jun 01. **Getty Museum.** \$35 per person (transportation)
 - ITT now has advanced tickets for "**all day ride wristbands**" for the Lompoc Annual Spring Arts Festival on 27-29 Apr 01. Tickets are available until 26 Apr 01. Cost is \$15 in advance, \$18 at the Festival.
- f. **Youth Center:** (30SVS/SVYY, 6-2152)
- **Salute To Youth:** 28 Apr 01, 1300-1700: Salute to Youth/Month of the Military Child celebration at the Youth Center with many displays, booths and events for the whole family. A Teen Dance will follow the day's events at the Youth Center from 1800-2100.
 - **Give Parents A Break:** The Vandenberg Youth Center is offering this new program to assist military families. Under the "Give Parents a Break" program the Youth Center's School Age Program would be made available a few times a month to referred families with all costs covered by the Air Force Aid Society (AFAS). For more information contact the Youth Center at 6-2152.
- g. **Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
- **Junior Lessons:** Saturdays at 1330, with Bob Kotoski. Cost is \$5 per child. No sign up needed.
 - **Ladies Priority:** Every Wednesday 0830-0900.
 - **Upcoming Tournaments:**
 - 27 Apr 01. 14AF Shotgun Start Tournament (1300) Open play Shotgun (0730)
 - 28 Apr 01. American Legion Shotgun Start Tournament (1300) Open play Shotgun (0730)
 - **Intramural Lessons:** Every Thursday, 1730-1830. Lessons are available for interested intramural golfers. Cost is \$10 per person, including range balls. Limited spots available, sign up at the Pro Shop.
- h. **Rod & Gun Club:** (30 SVS/SVRO, 6-4560)
- **Open Skeet and Trap Shooting:** Every Wed, Fri, Sat, and Sun at 0830, except for special events.
- i. **Outdoor Recreation:** (30 SVS/SVRO, 6-5908)
- **Deep Sea Fishing:** 28 Apr 01. Join Patriot Sport Fishing in Avila Beach. Cost is \$50 per person. One day fishing license, tackle, and equipment available at the site. Catch the big one! Contact Michael Renner at 6-5908 for more information.
 - **Nature Appreciation:** 29 Apr 01. Nature and Wildlife Appreciation Tour. Sign up by 20 April with Outdoor Rec. Cost is \$5 per person. Meet at Equipment Checkout at 1000. Contact Michael Renner at 6-5908 for more information.

Education Services & Human Resources Flight: (30MSS/DPHS, 5-5902)

- a. **Scholastic Aptitude Test (SAT):** The next Scholastic Aptitude Test (I) is scheduled for Saturday, 26 May 01 at 0800, Bldg 14002, provided enough people are scheduled. This test is for military

personnel only. The SAT I is a three-hour test, primarily multiple-choice, that measures verbal and mathematical reasoning abilities. SAT scores are required for various commissioning programs. Call the Education Center, at ext. 5-5904, for an appointment.

b. Memorial Scholarship: The Aerospace Education Foundation will award a \$1,000 scholarship to an active duty full time guard or reserve (officer or enlisted) Air Force Association member who is pursuing a Master's degree in a non-technical field. To be eligible, the Air Force member must be a current member of AFA. The deadline for applications is 30 Jun 01 (postmarked) and the scholarship will be awarded in September. Requirements, selection criteria and applications can be obtained on the AEF website, <http://www.aef.org> or at the base education office. If you have questions, please contact Jancy Bell at 800-727-3337 ext. 5801 or by email at AEFstaff@aef.org or the base education office at 5-5904.

c. Civilian Tuition Assistance Has New Guidelines Until The End Of The Fiscal Year: TA is now open to **all** civil service grades, and individuals pursuing graduate degrees. You also may now receive TA for up to three courses per term. Tuition Assistance will pay for 75% of tuition up to \$187.50 per credit hour and up to a maximum of \$3500.00 per fiscal year. Space Command Units only. For more information, contact Base Education in Bldg 14001 or ext. 5-5904

Personal Computer Training Class Schedule: (30CS/MCA, 6-3771)

Equipment Custodian classes are now available. Check below for the dates and times of the classes.

Listed below is a current 30 SW personal computer systems training schedule. Classes are open to active duty military and DOD employees only. Walk-ins are welcome on a space available basis. To register, or for additional information, contact Ms. Lexi Schwartz via base email. If you do not receive a confirmation of your registration within two days, please contact us to see if we did receive it. For questions only, not reservations, you can call 6-3771. You will probably reach an answering machine, so please leave a message and we will call you back. The classes do not require knowledge of the individual programs but a working knowledge of Windows is required. We recommend taking the classes in the following order: Word, Excel, PowerPoint, and Access.

Computer Based Training (CBT) Facility. In addition to the existing traditional demonstration/lecture courses offered at the computer training facility located within Bldg. 9360, MCA Engineers, Inc. also reserves specific 4 hour blocks of time for those students interested in completing Computer Based Training (CBT) courseware. This provides an alternate method for those military or DOD civilians who are unable to satisfactorily complete CBT's at their Personal Computer in their regular work environment.

Instructor Led Classes

Dates	Class Name	Instructor:	Time	Open Slots	Wait List
April					
4/25	Outlook Email Only	Jim Wooding	08:00-11:00	10	0
4/26	Defense Message System	Jim Wooding	08:00-11:00	0	2
4/27	Outlook 98 Email Only	Jim Wooding	08:00-11:00	0	0
4/30-3	Excel 2000	Jim Wooding	08:00-11:00	2	0
4/30-4	Access 2000 Intermediate	Lexi Schwartz	13:00-16:00	1	0
May 2001					
5/3	Outlook 98 Email Only	Jim Wooding	08:00-11:00	3	0
5/4	Excel 97 Advanced	Jim Wooding	08:00-11:00	10	0
5/7-11	PowerPoint 2000	Jim Wooding	08:00-11:00	0	0
5/7-10	Project 98	Lexi Schwartz	13:00-16:00	8	0
5/11	Outlook 98 Email Only	Lexi Schwartz	13:00-16:00	13	0
5/14	Palm PDA - Beginning	Lexi Schwartz	08:00-11:00	11	0
5/14-18	Access 97	Lexi Schwartz	13:00-16:00	8	0
5/14-16	Outlook	Jim Wooding	13:00-16:00	3	0
5/15-17	Excel 97	Jim Wooding	08:00-11:00	10	0
5/18	Outlook 98 Email Only	Jim Wooding	08:00-11:00	13	0
5/21-25	Access Lab	Lexi Schwartz	08:00-11:00	13	0
5/21	Outlook 98 Email Only	Jim Wooding	13:00-16:00	14	0
5/22-24	Excel 2000	Jim Wooding	13:00-16:00	5	0
5/25	Outlook 98 Email Only	Jim Wooding	13:00-16:00	14	0
5/29-31	Word 97	Lexi Schwartz	08:00-11:00	13	0

6		25 April 2001		Base Bulletin	
5/29-31	Outlook	Jim Wooding	13:00-16:00	13	0
June 2001					
6/1	Outlook 98 Email Only	Lexi Schwartz	08:00-11:00	14	0
6/1	Excel 97 Advanced	Jim Wooding	13:00-16:00	12	0
6/4-8	PowerPoint 97	Jim Wooding	08:00-11:00	11	0
6/4-6	Word 2000	Lexi Schwartz	13:00-16:00	10	0
6/7	Intro to Computers	Jim Wooding	13:00-16:00	14	0
6/8	Palm PDA - Beginning	Lexi Schwartz	13:00-16:00	14	0
6/11-13	Excel 97	Jim Wooding	08:00-11:00	12	0
6/11	Outlook 98 Email Only	Jim Wooding	13:00-16:00	14	0
6/12-14	Word 97	Lexi Schwartz	13:00-16:00	13	0
6/14	Outlook 98 Email Only	Jim Wooding	08:00-11:00	14	0
6/15	Palm PDA Day Planning	Lexi Schwartz	08:00-11:00	14	0
6/15	Word 97 Advanced	Lexi Schwartz	13:00-16:00	14	0
6/18-22	Access 97	Lexi Schwartz	08:00-11:00	10	0
6/18-22	PowerPoint 2000	Jim Wooding	13:00-16:00	14	0
6/25-29	Access 2000 Intermediate	Lexi Schwartz	08:00-11:00	11	0
6/25-27	Excel 2000	Jim Wooding	13:00-16:00	14	0
6/27-29	Outlook	Jim Wooding	08:00-11:00	13	0
Lunch and Learn					
April 2001					
4/23	Outlook - Calendaring & Meeting Planner	Jim Wooding	11:30-12:30	9	0
4/25	PowerPoint - Inserting Sound & Movies	Jim Wooding	11:30-12:30	9	0
4/27 0	Office - Object Linking & Embedding		Lexi Schwartz	11:30-12:30	14
4/30	Excel 2000 - Pivot Tables	Lexi Schwartz	11:30-12:30	12	0
May 2001					
5/2	Windows - Tips and Tricks	Jim Wooding	11:30-12:30	9	0
5/4	Office - Drawing Toolbar	Jim Wooding	11:30-12:30	13	0
5/7	Outlook - Delegating and Out of Office Assistant	Jim Wooding	11:30-12:30	14	0
5/9	Excel - Workbook Sharing	Jim Wooding	11:30-12:30	13	0
5/11	Word - Columns	Lexi Schwartz	11:30-12:30	13	0
5/14	Office - Customizing Toolbars	Jim Wooding	11:30-12:30	13	0
5/16	Word - Dealing with Graphics	Lexi Schwartz	11:30-12:30	12	0
5/18	PowerPoint - Custom Animation	Jim Wooding	11:30-12:30	10	0
5/21	Internet Explorer - Tips & Tricks	Jim Wooding	11:30-12:30	11	0
5/23	Excel - Macros	Jim Wooding	11:30-12:30	10	0
5/25	Word - Master & Sub Documents	Lexi Schwartz	11:30-12:30	11	0
5/30	Excel - Headers and Footers	Jim Wooding	11:30-12:30	11	0
June 2001					
6/1	Outlook - Tasks: Making, Assigning Various & Tracking		11:30-12:30	14	0
ADPE EC Training					
May 2001					
5/16	ADPE EC Training	Darlene Payne	09:00-10:30	13	0
June 2001					
6/20	ADPE EC Training	Darlene Payne	09:00-10:30	14	0
Security					
May 2001					
5/9	SATE Managers	Dianne Raynor	08:00-11:30	19	0
5/23	EMSEC Training	Dianne Raynor	08:00-11:30	23	0
June 2001					
6/6	Certification & Accreditation	Dianne Raynor	08:00-11:30	19	0